



Solo  
Travel

# Newsletter

June 2020

Summer is around the corner, and with it the possibility of some return to normalcy. While things are still far from business as usual, the lifting of regulations around our city has me beginning to look to the future.

To ensure our Members, travellers, and employees are safe, CAA Niagara took extra time to deep clean our offices and implement additional safety measures outlined by our provincial health care professionals. Implementing a phased approach, we are now ready to start welcoming you back to our Thorold, Niagara Falls and St. Catharines Branches' starting Monday June 8th. Welland will remain closed until further notice. Employees, including myself and the groups department will remain available to assist our customers by phone and email during our phased in approach until our branches are back to full staff capacity. 24/7 Roadside Assistance continues to operate. Due to social distancing restrictions, a few upcoming CAA Tuxedo Tours, Solo Tours, Day Tours and Meet me There's have been cancelled or postponed. For a full list of tours that have been affected, visit our website at <https://caaniagara.ca> and click on travel.

Although much as been put on pause lately, the spirit of a traveller can not be cancelled. We still long for new experiences, connecting with others, and feeding curiosities. The spirit of travel unites and inspires us to dream. When the world is ready, we'll be here to assist your travel needs.

- Stay Well, Erin Clarke



## Meet Me There

*All Meet Me There events require a RSVP*



### 9-Hole Golf

**Tuesday, August 4 @9:00am**

Legends on the Niagara; Chippawa  
9561 Niagara Pkwy, Niagara Falls

Join fellow solo travellers for a tee-rific day at Chippawa 9-hole golf. The Chippawa executive course is the perfect balance to the larger Legends on the Niagara courses. Our solo group will divide into smaller groups with the first tee time at 9:33am, with additional groups following 9 minutes behind. Cart & Club rentals are available for an additional fee and are first come first serve that morning. Health and safety measures of the course will be followed.

**\$23 per person or \$17 per person (55+)**  
*Payment in advance*

## 4 Self Care Ideas



- 1. Disconnect from the noise** - Whether it's the news, social media, or emails, stop consuming excessive content which can add to stress and anxiety. There's a fine line between staying informed and overconsuming.
- 2. Journal** - Journaling is an amazing tool for working through thoughts and emotions, which can be incredibly helpful during uncertain times like now.
- 3. Clean & organize your space** - When the world outside feels out of control, focus on the things you can control. You can control how your space feels—if your space feels tidy and fresh, your mind can feel calmer as well.
- 4. Follow your Heart** - You don't need to feel obligated to make a list or keep busy during your time indoors. The point is to not feel forced or pressured to do anything. Simply do nothing can be okay too, listen to your heart, and see what it wants.

To RSVP for any event, visit [caaniagara.ca/events](https://caaniagara.ca/events) or call **1-800-263-7272** or call Erin **905-322-2024**

# Upcoming 2020/2021 Tours



## Toronto Blue Jays Invite: Seattle, Washington

July 23 to 27 - Postponed until Summer 2021

Over 3,000 kilometres away from their home stadium, crowds of Toronto Blue Jays fans travel to Seattle to catch the series against the Seattle Mariners. A home away from home, Canadian fans descend on Seattle turning the T-Mobile stadium into a home field for the Jays. Enjoy four nights in this seaside city sightseeing, exploring & cheering on our home team.



## Picturesque Portugal

October 11 to 20 - Flyer Available

A solo exclusive departure; discover the charming towns, golden sands & tempting local delicacies of Portugal. Trace the various civilizations that have crossed Portugal in the castles, palaces and narrow cobbled streets typical in the country. Portugal will captivate the historian & artist alike. With scenic vistas, full of rich history from the roads to the marvellous architecture. Enjoy this exclusive solo departure featuring no single supplement & solo room accommodations only.



## Blue Mountain Staycation

October 28 to 29, 2020

The days may be shorter and the temperatures may cool, but there is not a lovelier time of year to explore the Escarpment and surrounding Collingwood area. The South Georgian Bay region is a stunningly beautiful area to explore regardless of the season, but it shines in all its glory in the Fall. An incredible autumn escape enjoying a one-night stay in the Blue Mountain Village with fellow solo travellers. This two-day trip includes; one breakfast, lunch and dinner, wine tour & tasting and deluxe coach transportation.

**Pricing available July 1, 2020.**



## Caribbean Cruise sailing from Miami

January 29 to February 6, 2021 - Flyer Available

Take the sizzle from Miami with you when you depart for paradise aboard the **Norwegian Getaway**. Recline in a hammock on their newest resort-style destination, Harvest Caye or explore Cozumel's tropical jungles and diverse wildlife. Find out why the Caribbean is paradise on earth when you set sail with Norwegian Cruise Line. Ask about Norwegian's studio staterooms built specifically for the solo cruiser! Voted Best for Solo Travellers and Best Cruise Line for Solo Travellers the studios are the perfect sized room for solo cruising.

**View the virtual presentation online at: [caaniagara.ca/miamicruise](http://caaniagara.ca/miamicruise)**



## Winter Caribbean Getaway: Bahamas Bliss

February 23 to March 2, 2021 - Flyer Available

Nassau, Bahamas is the place to be for lovers of the sun, sand and sea. Situated on a 1,000-foot-stretch of Bahamas beachfront, **Melia Nassau Beach – All Inclusive** is the perfect place to unwind and relax in the tropical paradise of Nassau. The resort is set on seven acres of stunning waterscape-including freshwater heated pools, flowing waterfalls and hydromassage whirlpools.